

## NURSE, NUTRITION or HEALTH INTERN at HANAC Harmony Innovative Senior Center of Astoria

### INTERNSHIP SUMMARY

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Working with urban Geriatric age groups within an Innovative Senior Center Environment. Works under the supervision of the Center Director, Social Worker – LMSW, Wellness Coach.

We will work with all schools internship requirements. Unpaid internship, onsite lunch provided. Located one block from the Astoria Blvd Subway stop and near several bus routes.

Student must be available at least one weekday morning starting from 9am each week. Saturday hours are available starting from 10am. The most active center hours are 8am -2pm weekdays and 10am -1 pm on Saturdays. All internship activities are to fall within those times.

### ESSENTIAL FUNCTIONS

**SCREENINGS AND VACCINATIONS** - Assist with proper consent paperwork and coordinate outside not for profit medical professionals visits for noninvasive screenings and vaccinations. Provide weekly blood pressure screenings and keep appropriate records of all screenings.

**WORKSHOPS AND DISCUSSION GROUPS** - Leading Health Related Discussion Groups, Lectures and workshops with enthusiastic older adults. Coordinating health related speakers from the community. Ensure signatures of participants are recorded and given to the Database Manager.

**MEDICATION** – Medication Education; purpose, side effects & interaction review. The only purpose of which is to prepare older adults for productive visits with their primary care doctors and specialists.

**EMERGENCY MEASURES** – Alert staff and 911 of any onsite emergency. Other trained staff will ALWAYS be present and medical intervention is optional for all interns, volunteers and staff.

**INFORMATION UPDATE** – It is essential that the file information on clients is accurate and that consents are up to date. Mediations, Illnesses & Emergency Contact Information should be updated at every opportunity using data sheets that are to be turned into the Database Manager as they are collected. Member Privacy is to be maintained at all times.

### STANDARDS OF PERFORMANCE

Positive Attitude: We are here to serve our customers by meeting their needs with utmost care and courtesy. Our attitude represents the Innovative Centers commitment to excellence. *This commitment is reflected by providing a positive and caring experience with every interaction.*

Communication: We are committed to listening attentively to our co-workers and members in order to fully understand and meet their needs. *This commitment is reflected by our verbal, non-verbal, and written communications being delivered with courtesy, clarity, care, and a smile.* If a member is disrespectful please immediately report this to the social work or office staff. Negative interactions with older adults could be indicative of medical or social issues and need to be addressed immediately for the wellbeing of seniors, staff and the senior center community.

Dignity and Respect: We recognize, value, and respect the diversity of our co-workers, and older adult members by honoring their perspectives, choices, and differences.

### LICENSES/CERTIFICATIONS:

CPR Certification or must obtain within 10 calendar days of date of position

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