QCC DAN 130 Syllabus
Professor:

Department: Health, Physical Education and Dance
Course: DAN 130 Beginning Ballet for Majors
Hours & Credits: 2 class hours, 1 credit

Course Description:
Beginning Ballet is an introduction to Ballet. It places emphasis on preparing our dance majors with either little experience or no background in dance to be able to develop technique.

Curricula For Which This Course Is Required:
DAN 130 is a beginning level course for dance majors or permission of the instructor. It fulfills a requirement for the dance major degree program.

Educational Objectives:

<table>
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<tr>
<th>Educational Objective</th>
<th>Brief description of course activities which help students to meet each of the educational objectives</th>
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<tbody>
<tr>
<td>A. Communicate effectively through viewing dance, writing, listening, and speaking</td>
<td>Students are required to attend a dance concert and write a three page reaction paper in response to the concert.</td>
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<tr>
<td>B. Work collaboratively in diverse groups directed at accomplishing learning objectives</td>
<td>Students will be paired with their peers in the classroom and instructed to give each other feedback on corrections discussed in class.</td>
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<tr>
<td>C. Apply aesthetic and intellectual criteria in the evaluation or creation of works in the humanities or the arts</td>
<td>Students will be given various techniques in modern dance that they will perform in the class.</td>
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<tr>
<td>D. Integrate knowledge and skills in their program of study.</td>
<td>Each class culminates in a longer phrase that allows them to integrate the techniques learned in class as well as achieve an in depth knowledge of the course material while also working on performance quality.</td>
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Course Objectives: Desired Student Learning

1. Gain a basic understanding of anatomical alignment and how it functions in ballet.
2. Learn basic ballet vocabulary
3. An understanding of the structure and progression of a ballet class, including barre, center, and across the floor exercises.
4. How to develop the body and practice technique outside of the classroom.

Student Learning Outcomes

<table>
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<tr>
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<th>Learning Outcomes</th>
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<tr>
<td>1. Gain a basic understanding of anatomical alignment and how it functions in ballet.</td>
<td>A. Students will learn about anatomy and developmental patterns through ballet floor exercises and barre work</td>
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<tr>
<td>2. Learn basic ballet vocabulary</td>
<td>A. Students will learn basic ballet vocabulary in French and English.</td>
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</tbody>
</table>
| 3. An understanding of the structure and progression of a ballet class, including floor work, center work, and across the floor | A. Students will practice ballet barre exercises given in class  
B. Students will practice center exercises given in class  
C. Students will practice moving through space through exercises that travel across the floor. |
| 4. How to develop the body and practice technique outside of the classroom. | A. Students will be given various exercises to develop their strength that they will be required to practice outside of class time  
B. Students will be given various exercises to increase their range of motion that they will be required to practice outside of class time. |

Summary of Main Topics Covered in the Course:

1. Anatomical alignment  
2. Internal body connections  
3. Body/mind coordination  
4. Developmental patterns  
5. Increasing range of motion  
6. Technique  
7. Ballet Vocabulary  
8. Ballet Performance

Attendance Policy:
Attendance is extremely important to your individual growth and understanding of the class material. Students with 3 or more absences will fail the course- no exception! Arriving late
and/or leaving early or coming to class unprepared will result in a lower final grade. Note: Remember that lateness is a sign of disrespect of you and me. Be on time. Be prepared with your dance attire. Otherwise, two late arrivals and/or two non-participations of any kind (i.e. no dance attire) will count as one absence - no exception!

Note: All absences will be considered in the final grade however for extreme emergencies (i.e. extended hospital stay) an “Incomplete” grade will be considered and discussed with the student. Save your absences for when you really need them. The development of the body instrument and the material in class accumulates. Learn to enjoy the discipline and weekly demands of attendance. Furthermore, the material learned in class cannot be replicated outside of class. It is not possible to make up any missed classes.

**Required Dance Attire:**
Students must wear appropriate dance attire. Leotards and tights or a tight fitting top and dance pants are acceptable. Jeans or any type of pants that button and zip are not acceptable. Baggy clothes are not acceptable. The professor must be able to see the alignment of the dancer. No loose hair! If you have long hair, it must be pulled back! No Jewelry!

**Methods By Which Student Learning Will Be Evaluated:**

A. Attendance and Participation  
B. Growth, Progress, and Development  
C. Reaction Paper on Dance Concert  
D. Mid-term evaluation  
E. Final Movement Project

**Grading Standards:**
A grade of A is given for superlative work that demonstrates a profound commitment to the course material, and further, that goes on to employ this material as a springboard for independent thought and work.
A grade of B is given for very good work that completely fulfills all the requirements of the course in a conscientious and dedicated manner, and that demonstrates mastery of the course content.
A grade of C is given for work that fulfills all the requirements of the course in a satisfactory manner, but that falls short of demonstrating rigor and mastery.
A grade of D is given for work that is unsatisfactory.
A grade of F is given for work that fails to fulfill the requirements of the course as listed above

**Academic Integrity:**

**Forms of Academic Integrity Violations**

Violations of academic integrity can occur in a number of ways. Acts of academic dishonesty include (the complete listing with definitions and examples is included in the main body of the QCC Academic Integrity code):

A. Plagiarism – the inclusion of someone else’s words, ideas or data as one’s own work without acknowledging the source.
B. Fabrication – the use of invented information or the falsification of research or other findings.
C. Cheating – an act or an attempted act of deception by which students seek to misrepresent that they have mastered information on an academic exercise that they have not mastered.
D. Academic Misconduct – any act to gain an undue academic benefit for oneself or to cause academic harm to another.
E. Any other serious violations of academic integrity as established by the professor.

Any student who feels that he/she may need an accommodation based upon the impact of a disability should contact me privately to discuss his/her specific needs. Please contact the office of Services for Students with Disabilities in the Science Building, room 132 (718-631-6257) to coordinate reasonable accommodations for students with documented disabilities.