

**FROM:** Ms. Isabel Hocesvar, RN

Date: \_\_\_\_\_

**Dear Doctor:**

It is our responsibility to make sure each student is physically capable of participating in our Physical Education Program. Since there is a question as to whether or not \_\_\_\_\_  
\_\_\_\_\_ (student name) may do so, please indicate from the list below any activity in which you feel this student may **safely** participate.

- |  |  |
|--|--|
| <input type="checkbox"/> Archery                           | <input type="checkbox"/> Paddleball            |
| <input type="checkbox"/> Badminton                         | <input type="checkbox"/> Table Tennis          |
| <input type="checkbox"/> Basketball                        | <input type="checkbox"/> Self-defense          |
| <input type="checkbox"/> Bowling                           | <input type="checkbox"/> Skiing                |
| <input type="checkbox"/> Cycling                           | <input type="checkbox"/> Skin & Scuba Diving   |
| <input type="checkbox"/> DANCE: Aerobic Dance Exercise     | <input type="checkbox"/> Slimnastics           |
| <input type="checkbox"/> DANCE: Ballet (Beginning)         | <input type="checkbox"/> Soccer                |
| <input type="checkbox"/> DANCE: Jazz Dancing               | <input type="checkbox"/> Softball              |
| <input type="checkbox"/> DANCE: Modern Dancing (Beginning) | <input type="checkbox"/> Swimming              |
| <input type="checkbox"/> Fencing                           | <input type="checkbox"/> Tai Ji Exercise       |
| <input type="checkbox"/> Golf (Classroom only)             | <input type="checkbox"/> Tennis                |
| <input type="checkbox"/> Gymnastics                        | <input type="checkbox"/> Touch Football        |
| <input type="checkbox"/> Horseback Riding                  | <input type="checkbox"/> Trampoline & Tumbling |
| <input type="checkbox"/> Jogging                           | <input type="checkbox"/> Weight Training       |
| <input type="checkbox"/> Karate                            | <input type="checkbox"/> Yoga                  |

Remarks: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Doctor's Signature/Stamp: \_\_\_\_\_