NATIONAL LGBTQ+ SERVICE PROVIDERS & HELPLINES

*Please keep in mind that many abusive partners check their partner’s electronic devices, so if you want to go on a website or call a hotline, you may want to do it from a friend’s device or public device.*

See “Creating a Resource Page” for information about finding local resources to include when creating your own handout.

THE TREVOR PROJECT
1-866-488-7386 | Text “START” to 678678 | www.thetrevorproject.org/get-help-now
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people. Visit the website above for online support through Trevor Chat.

THE ANTI-VIOLENCE PROJECT
212.714.1141 | https://avp.org
AVP empowers lesbian, gay, bisexual, trans, queer and HIV-affected communities and allies to end all forms of violence through organizing, and education and supports survivors through counseling and advocacy.

THE NETWORK/LA RED
Hotline 617.742.4911 | https://tnlr.org/en
A survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, SM, polyamorous, and queer communities. Rooted in anti-oppression principles, our work aims to create a world where all people are free from oppression.

FORGE-FORWARD
Telephone 414.559.2123 | https://forge-forward.org
A national transgender anti-violence organization that provides direct services to transgender, gender non-conforming, and gender non-binary survivors of sexual assault. They also provide web-based training for working with trans individuals.

GLBT NATIONAL HELP CENTER
Telephone 1.888.843.4564 | 1.800.246.7734 | www.glbthotline.org
Provides a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexual identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more. Visit the website for access to online chat support.

TRANS LIFELINE
877-565-8860 | www.translifeline.org
A grassroots movement for trans people, by trans people that provides direct emotional and financial support to trans people in crisis. This is the only hotline in the country where all operators are transgender. Microgrants are available to help fund legal document and name changes as well as specialized support for incarcerated and undocumented trans people.

PFLAG
https://pflag.org
PFLAG is a national organization that supports LGBTQIA+ people, the families and friends of LGBTQIA+ people, and allies.
TRANS STUDENT EDUCATIONAL RESOURCES (TSER)  
http://transstudent.org  
TSER is a youth-led organization dedicated to transforming the educational environment for trans and gender non-conforming students through advocacy and empowerment. The site contains many resources, workshops, and infographics created by trans and gender non-conforming students.

FAMILY ACCEPTANCE PROJECT  
https://familyproject.sfsu.edu  
The Family Acceptance Project® is a research, intervention, education, and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBTQIA) children and youth, including suicide, homelessness, drug use and HIV – in the context of their families, cultures, and faith communities.

GSA NETWORK  
https://gsanetwork.org  
GSA Network is a next-generation LGBTQIA racial and gender justice organization that empowers and trains queer, trans, and allied youth leaders to advocate, organize, and mobilize an intersectional movement for safer schools and healthier communities.

IT GETS BETTER PROJECT  
https://itgetsbetter.org  
The It Gets Better Project is a nonprofit organization with a mission to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer youth around the globe. Growing up isn’t easy, especially when you are trying to affirm and assert your sexual orientation and/or gender identity.

GLSEN  
https://www.glsen.org  
GLSEN is a United States-based education organization working to end discrimination, harassment, and bullying based on sexual orientation, gender identity, and gender expression and to prompt LGBTQIA cultural inclusion and awareness in K-12 schools.