The number of credits you take each year will determine when you graduate. To graduate on time, you are strongly encouraged to enroll in at least 30 credits toward your degree during the calendar year, including winter and summer sessions. This Degree Pathway is designed for students who place into ENGL-101 and MA-119. An additional degree pathway document is available for students who must complete developmental math or English. Please see the degree website or your advisor for more information.

Courses in **Bold Text** are prerequisites for later courses and should be taken where indicated in the sequence.

### Fall Semester #1

<table>
<thead>
<tr>
<th>Courses</th>
<th>Credits</th>
<th>Prerequisites and Corequisites¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL-101 English Composition I (Required Core 1A: English Composition)</td>
<td>3</td>
<td>Prerequisite: Complete developmental requirements in English</td>
</tr>
<tr>
<td>MA-119 College Algebra² (Required Core 1B: Mathematical and Quantitative Reasoning)</td>
<td>3</td>
<td>Prerequisite: Complete developmental requirements in math</td>
</tr>
<tr>
<td>HE-102 Health, Behavior &amp; Society</td>
<td>2</td>
<td>None</td>
</tr>
<tr>
<td>HE-108 Health and Physical Fitness</td>
<td>3</td>
<td>None</td>
</tr>
<tr>
<td>One course from Flexible Core 2A, 2B, 2C, or 2D³</td>
<td>3</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>One course from the PE-400 or 500 series</td>
<td>1</td>
<td>None</td>
</tr>
<tr>
<td><strong>Total credits for semester</strong></td>
<td><strong>15</strong></td>
<td></td>
</tr>
</tbody>
</table>

### Spring Semester #1

<table>
<thead>
<tr>
<th>Courses</th>
<th>Credits</th>
<th>Prerequisites and Corequisites¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL-102 English Composition II (Required Core 1A: English Composition)</td>
<td>3</td>
<td>Prerequisite: ENGL-101 or placement</td>
</tr>
<tr>
<td>MA-336 Statistics²</td>
<td>3</td>
<td>Prerequisite: MA-119 or MA-114 (C or better)</td>
</tr>
<tr>
<td>Flexible Core 2E: Scientific World³ (Recommended: BI-111 Introduction to Human Biology)</td>
<td>3</td>
<td>None</td>
</tr>
<tr>
<td>HE-103 Fundamentals of Human Nutrition⁴</td>
<td>3</td>
<td>None</td>
</tr>
<tr>
<td>One course from Flexible Core 2A, 2B, 2C, or 2D³</td>
<td>3</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td><strong>Total credits for semester</strong></td>
<td><strong>15</strong></td>
<td></td>
</tr>
</tbody>
</table>
### Fall Semester #2

<table>
<thead>
<tr>
<th>Courses</th>
<th>Credits</th>
<th>Prerequisites and Corequisites¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required Core 1C: Life and Physical Sciences</td>
<td>3-4</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>(Recommended: BI-301 Anatomy and Physiology I)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Laboratory Science³</td>
<td>0-1</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>PE-815 Foundation in Physical Education</td>
<td>3</td>
<td>None</td>
</tr>
<tr>
<td>PE-841 Games &amp; Sports for Children</td>
<td>2</td>
<td>None</td>
</tr>
<tr>
<td>Major Elective Course³</td>
<td>3</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>One course from Flexible Core 2A, 2B, 2C, or 2D³</td>
<td>3</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td><strong>Total credits for semester</strong></td>
<td>15</td>
<td></td>
</tr>
</tbody>
</table>

### Spring Semester #2

<table>
<thead>
<tr>
<th>Courses</th>
<th>Credits</th>
<th>Prerequisites and Corequisites¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE-825 Introduction to Exercise Science</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Major Elective Course³</td>
<td>3-4</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>(Students who took BI-301 previously are recommended to take BI-302)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PE-416 Weight Training</td>
<td>1</td>
<td>None</td>
</tr>
<tr>
<td>One course from Flexible Core 2A, 2B, 2C, or 2D³</td>
<td>3</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>Additional Flexible Core Course¹</td>
<td>3</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td>Free Elective</td>
<td>1-2</td>
<td>Check individual courses for prerequisites and corequisites</td>
</tr>
<tr>
<td><strong>Total credits for semester</strong></td>
<td>15</td>
<td></td>
</tr>
<tr>
<td><strong>Total credits required for A.S. in Movement Science</strong></td>
<td>60</td>
<td></td>
</tr>
</tbody>
</table>

**Notes:**

1. Prerequisites for a course must be passed before taking the course. Corequisites must be passed before taking the course or taken in the same term as the course.
2. Students who place into MA-336 will use MA-336 for Required Core 1C. Those students must take an additional Major Elective Course to reach 60 credits.
3. Students must complete one course from each of the flexible core categories (2A., 2B, 2C, 2D, and 2E) and one additional course from any one of the categories.
4. Students who use Requirements for the Major to satisfy Common Core requirements must take additional Major Electives.
5. Students who have taken a STEM Variant course for Required Core 1C do not need to take an additional lab course.

All students must complete two (2) WI designated classes to fulfill degree requirements.