What is NYC Ladders for Leaders?
Ladders for Leaders is a nationally recognized program that offers high school and college students the opportunity to participate in paid professional summer internships with leading corporations, non-profit organizations and government agencies in New York City.

Who can apply?
- Youth between the ages of 16-22 who are enrolled in high school or college
- A minimum Grade Point Average (GPA) of 3.0
- Resident of one of the five boroughs of New York City
- Anyone with prior work experience either paid or volunteer
- Legally allowed to work in New York City

What is the application process?
There are three phases to the application process.
1. Application
2. Pre-Employment workshops and mock-interviews
3. Interviews with Potential Employers

How do I apply?
Applicants must complete all sections of the application form including the following:
- Responding to a 250 word essay question
- Providing a copy of academic transcript
- Providing your resume, which should include any of your previous and current jobs, internships, leadership roles, volunteer commitments, extracurricular activities, and club involvement
- Listing a valid email address that you check frequently

GO TO https://application.nycsyep.com/
Pick Central Queens Y - Queens & Manhattan as your Ladders for Leaders participating community based organization.
PIN # 230795

If you have any questions about completing the application, please contact Danielle DeAngelis, LMSW at l4l@cqy.org or 718-268-5011 ext. 299

Central Queens Y
Youth Employment Department