**A Traditional Christmas: To Kiss or not to Kiss?**

**By Grace Averaimo**

Only if I really like the person or they are really cute. Why? Because they probably are really good looking. I am vain. (C.W.)

I would, but I've never been so lucky yet. Why? Well, it would probably be the only time I kiss a girl. (L.V.)

Of course I would! It's cute and traditional even though I've never done it before. It shows Christmas spirit. (T.D.)

My boyfriend would kill me. (A.P.)

No. (P.W.)

Depends on who is under it. (A.J.)

Sure, it's kind of cliché but at the same time romantic. (B.H.)

Hell no! (C.S.)

If the broad was hot and didn't have herpes like I do. (J.W.)

Well, they would also have to sing for me, do a little jig, and basically work for that kiss. I like to be entertained and romanced at the same time. (C.R.)

Isn't that bad luck? Isn't that like you're forcing someone to kiss you? (M.C.)

Yes! I'm not superstitious or anything, but it's romantic and there is some kind of magical feeling about it. (C.H.)

I'm not sure. Isn't mistletoe a fungus, sort of like athlete's foot? (L.Z.)

It doesn't itch like wool, does it? (J.S.)

It doesn't itch like wool, does it? (J.S.)

(A.O.)

My boyfriend would kill me. (A.P.)

I would, but I've never been so lucky yet. Why? Well, it would probably be the only time I kiss a girl. (L.V.)

Of course I would! It's cute and traditional even though I've never done it before. It shows Christmas spirit. (T.D.)

My boyfriend would kill me. (A.P.)

No. (P.W.)

Depends on who is under it. (A.J.)

Sure, it's kind of cliché but at the same time romantic. (B.H.)

Hell no! (C.S.)

If the broad was hot and didn't have herpes like I do. (J.W.)

Well, they would also have to sing for me, do a little jig, and basically work for that kiss. I like to be entertained and romanced at the same time. (C.R.)

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I'm not sure. Isn't mistletoe a fungus, sort of like athlete's foot? (L.Z.)

It doesn't itch like wool, does it? (J.S.)

(Note: For best results, the American Medical Association recommends kissing beneath fresh organic mistletoe over Bird's Eye frozen mistletoe.)

**MTA Fare Hike Decision Imminent**

**By Constantine Checa**

The top stories in the media recently have been packed with dozens of stories regarding the bus and train fare increases. The Metropolitan Transit Authority (MTA) discussions about increasing fares from $2 to $2.25 are becoming closer to a reality. The New York Public Interest Research Group (NYPIRG) Straphangers Campaign has been behind halting the fare hike in order to seek funds from our state and city government.

Right now the MTA has plans to increase the base transit fares along with the price of discounts to some metrocards, i.e. monthly and weekly metrocards. These increases are a result of the MTA’s financial woes. The MTA fell into a deficit that resulted from borrowing funds to complete current projects, such as the 2nd Avenue Line, a 3rd rail for the Long Island Railroad (LIRR), and the 7 train extension.

A website dedicated to mass transit issues, secondavenuesagas.com, quoted Gene Russianoff of NYPIRG’s Straphangers Campaign, “I feel that the MTA is simply throwing flashy projects out there to justify a fare hike — It’s not real,” he said. He went on to say, “It’s a plan. It’s an idea. We need to consider this fare hike in the larger picture of New York City. Instead of grandstanding for populist support, our politicians should recognize this reality too.”

55% of rider fares pay for the overall maintenance of subways and buses, according to data collected by the Straphangers Campaign. This percentage out weighs any share of fares going to support maintenance than any other transit system in the nation.

“As a Queensborough Community College student, I am completely against a fare increase of any sort. And as a student, I have enough to worry about from my classes without having to worry about how my part-time job is going to pay for me to get to and from school?” said Matthew Francis, a second-year QCC student. Francis continued “how can they plan a fare increase without improving the service?”

At a mid-November hearing in front of the MTA board in Flushing, Queens, dozens of state legislators, city council members, and community members stepped up with an outcry to the Governor for support from the state to save residents from the possibility of a fare hike. They all asked the legislators to find money in the state budget to remove the monetary burden from the transit riders.

The MTA will make their finalized decision on the fare hike on December 19th. Until then, NYPIRG’s Straphangers Campaign is encouraging faculty, students, and anyone effected by the fare increases to speak up about it. The public has been encouraged to sign-on to an online petition to support the campaign and the Working Families Party as a means for putting further pressure on the Governor and Mayor Michael Bloomberg to support the students.
**Healthcare and Our Borders**

**BY CHRISTINA M. HALE**

The fiscal drain on the taxpayers by those that are here illegally is enormous. Particularly in New York City, a huge number of the illegal aliens who use emergency rooms are not going there for medical emergencies. Police officers are frequently the first to arrive at such locations and are often the first to question the person. When the police officers determine that the person is not a legal resident, they may be forced to arrest them and transport them to the nearest immigration detention facility. This process can be very stressful for the police officers involved, who are often required to handle situations that are beyond their training and experience.

In today’s society when trouble has come to us we look to the police to serve and protect. In the last couple of years, however, the police have been accused of having itchy trigger fingers. Police officers around the United States have put themselves in very controversial positions dealing with civilians. Many lives have been lost, families have been destroyed, careers have ended, and millions have been paid in damages. Key events have triggered feelings of dislike for the police from the civil rights fights in the south when many white and black men, women, and children activists were subjected to malicious beatings and legal repercussions. A more recent event that stoked civilian discontent with the police were the riots in Los Angeles when a black man by the name of Rodney King was beaten by L.A police officers and each of the officers were acquitted of all charges. Hundreds were arrested, many people were subjected to violence and this contributed to huge problems when it came to police presence in neighborhoods. In addition, hip hop was certainly influential with its gangster music in legitimating the distrust of law officers. Artists such as Dr. Dre, Snoop Dog, Ice T, and NWA certainly let their feelings out on music tracks which agreed with people in the communities.

From LA to New York there have been a lot of unexplained problems. On February 4, 1999, a man by the name of Sean Bell was shot by New York City police officers 41 times, with 19 shots fatally wounding him. All the officers involved in the shooting testified and claimed Diallo was reaching for a weapon when they encountered him. But to their surprise, Diallo was reaching for his wallet. When the officers were acquitted there was a demand by civil rights leaders for changes in the police system and the way they apprehend suspects. But has there been a change? We really don’t know.

On November 26, 2006, another African American male by the name of Sean Bell was shot 50 times after celebrating his bachelor party with friends. Bell was to be married the next day to the mother of his child and high school sweetheart. The community was in an uproar because the undercover detectives used deadly force. Officers stated there was a gun, but no weapon was found. Mayor Michael Bloomberg and Governor George Pataki said this shooting was too excessive and unacceptable and would not be tolerated. In more recent news 18 year old Kheil Copeland was shot dead by the N.Y.P.D. when they arrived at his New York City home, believing he had a weapon on him. Commissioner Raymond Kelly defended the actions of the officers and stated they were acting in self-defense. If you’re thinking to yourself that it might be only police officers of Caucasian descent involved in these questionable shootings you are wrong. A young man by the name of Jayson Tirado was shot by a black officer on a police officer in a case of road rage. When the officer approached the vehicle Tirado was in, the young man made a gesture with his hands as if he was about to shoot the officer. The officer’s quick reaction led to the shooting death of this 25 year old father. I don’t want the reader thinking that only unfortunate, tragic, and
QCC NEWS

Safe Surrender
BY BRIANNE HANSON

The effects of serving time overseas do not simply dissipate when a person enlisted in the armed forces returns home. Many troops have uncontrollable feelings of fear, rage, or even a sense of alienation. It is difficult for the men and woman who have served in the military to convert his or her lifestyle back to its previous equilibrium. In order to help those who have been affected either emotionally or mentally, Queensborough Community College is launching a Veterans Center conveniently located on campus.

In August 2007, Dr. Rustin, Director of Counseling, proposed the development of a Veterans Center at QCC. His proposal was titled, “Enhancing Services to Veterans and Reservists at CUNY.” His idea has since been accepted and welcomed to the QCC campus. The launching of the veterans center is to occur in January 2008. An extensive agenda has been prepared and is currently awaiting action.

Director Rustin also presented the idea of a Veterans Health Counseling Center at the Veterans Center. This center would house a trained counselor that would assist them academically. Many veterans have Veterans Administration grants that cover tuition costs. However, many of these grants require that the veteran must be fulfilling the requirements that must be fulfilled. Many veterans may not know the exact expectations attached to the V.A. grants so the counselors at the Veterans Center will keep the participants on track academically, with peer mentors assisting with college entrance courses, one-on-one help registering and selecting classes, and also constant attention on attendance and grades to decrease the chance of academic probation.

Dr. Rustin has stated that he does not want the services at the Veterans Center to be exclusively for veterans or reservists. He would like to encourage family members or friends who have been affected by their loved ones being enlisted in the armed forces to know that they have access to support at the Veterans Center. They will have the ability to receive private or perhaps group counseling to cope with altered relationship dynamics. The center will be located in the lower level of the Student Union building.

In January 2008, veterans, reservists, and affected family members or friends will finally have a location which will enable them a safe surrender.

To acquire more information, contact QCC counselor Andrea Cohen who is currently working with Director Dr. Rustin. Ms. Cohen is located at the counseling center in the Library Building, room 428. She is also available via telephone at 718-631-6370.

Get Published with the QCC Student Publication Club
BY CHRISTINA RODRIGUEZ

A writer’s written word is a jewel waiting to be found. Every writer wants to see their work published, to show to the world and themselves something that they created. To get your work published though, can be a long, frustrating and expensive process.

One student club at QCC has found a solution: start a student publication club.

The idea of a student publication club was proposed by English Professor Joel Kuszai, the faculty advisor for the QCC Student Publication Club. He wanted to show students who are passionate about their writing how they can make writing a career. The students involved hope to start creating chapbooks and mini magazines of literature, poetry and whatever forms of art they can get their hands on. I had the opportunity to meet with a couple of members and the faculty advisor of the QCC Student Publication club. These friends and passionate people want to help anyone who is passionate about their writing and getting it out in the world. Students, faculty, alumni and members of the community can submit their work for publication, and club members are more than happy to help you with the process, to help you edit your work, to teach you about publication, and more.

The process for publication through the QCC Student Publication Club is simple. All you have to do is submit your work to the club, whether it’s through the officers of the club, the faculty advisor or emailing their website, publicationclub.org, which is still under development. Together, you will be working on how you want your book to look. With the aid of Adobe InDesign, you can format your work into a chapbook or a small magazine. After you have that set up, it will be sent to a printer or printed out on a laser printer. All there is left to do is to sit down and take the club’s saddle stapler and staple your copies. And there you have it, your first published book!

The club will also help students through the copyright process. What happens to the copies of these publications is completely up to you, the student. You can have copies of your book or magazine in the school’s library. You can hand them out to friends and family. You can sell it. It’s your book! As an aspiring writer, I was completely amazed that it can all be that simple.

The club isn’t only about helping others, but is also a way for the members to express themselves. The president of the QCC Student Publication Club, Kwasi’s thoughts are only one perspective that can be found among the founding members of this great idea that will benefit the writers of QCC. During the Spring semester of 2008, on every first and third Wednesday during club hours in room H-116, come and meet the different writers who have one goal in mind: creation. This club has big plans in mind. From online meetings to discuss publication to fundraisers to raise money to produce and publish good quality books and magazines, this club could be on its way to making great things happen on the campus of QCC and beyond. To find out more information on the club, contact the faculty advisor, Joel Kuszai at jkuszai@qcc.cuny.edu. And start gathering your writing to be published!

Dr. Gaines-Jeffries
1970-2007
BY MARIO ARRENDELL

We are honored to have had a great Professor like Dr. Gaines-Jeffries teach at Queensborough Community College. Dr. Tracy Patricia Gaines-Jeffries, 37, departed this life on June 14, 2007 in New York. She was originally from Johnstown, Pennsylvania. She came to teach at Queensborough in the spring semester of 2006. She was a Doctor of Podiatric Medicine, having received her B.A. in biology from the University of Pittsburgh, and was a graduate of the Ohio College of Podiatric Medicine. She was not only a great scholar, but was also a member of the woman’s basketball team for Ohio University. Before teaching at Queensborough, she taught at the Community College of Allegheny County. At the time of her death, she was a professor of anatomy and physiology at Queensborough. Her students describe her as being a dynamic and energetic instructor who cared very much about their success. She also enjoyed a great relationship with her departmental colleagues who describe her as a person who loved teaching and everyone around her.

Her passing was a tragic loss to everyone, especially to her husband Brian and their three young children. Dr. Gaines-Jeffries will be truly missed for her enthusiastic personality and for the invaluable inspiration and support she provided to her students.
New York Bottle Bill: What’s the Difference?

By Ryan McDonald

In 1982 Rambo was a hero, the first Nintendo came out, and the Rubik’s Cube was a hot item flying off the shelves. As for the beverage industry and NY’s first steps towards greening our state, NY legislators passed a bill that changed our thoughts on recycling. In 1982, the New York State Returnable Container Act, also called the Bottle Bill, was passed to put a 5 cents deposit on carbonated beverages. NY legislators took this very important step by passing a bill that gave incentive for the consumer to recycle and pay a 5 cents deposit on bottles that they can redeem and recycle instead of throw away. It is the reason that we pay a 5 cents deposit on soda and beer bottles. It is also the biggest reason that 80% of our carbonated beverages are recycled rather than piling up in our landfills, streets, and parks.

The New York Public Interest Research Group (NYPIRG) fought long and hard, with the support of our campus chapters across the state, for this piece of legislation to be passed to benefit the consumer and our environment through recycling intervention. NYPIRG engaged the public, students, unions, other non-profits and legislators to form a large coalition to help pass the first Bottle Bill. During the ’80’s before the passing of the Bottle Bill, there had been limited resources put into the recycling of beverage containers. This bill was important to showcase the need for this type of intervention, but also showing that New Yorkers were becoming more environmentally conscious.

Most consumers today purchase all kinds of beverages, from our calorie cutting diet sodas, malt beverages, and micro-brew beers, to our iced teas and新句删去 New Yorkers were becoming more environmentally conscious. Right here at QCC Gatorade and Vitamin Water rivals our Pepsi and Mountain Dew sodas. I myself prefer Vitamin Water.

These habitual changes in our drinking patterns do not come without costs. Today millions of non-carbonated beverages are consumed without the redemption incentive. According to the American Lithot Society, only 20% of non-carbonated beverages are recycled, the rest end up in our landfills or as litter. Think about that, 80% of drinks with the deposit are recycled but only 20% of drinks without the deposit. This raises a few questions that need to be answered. Why isn’t this simple solution extended to non-carbonated beverage? Is there any difference between the plastics that my Pepsi bottle and my Aquafina bottle are made of? These are the questions that the NYPIRG Chapter at QCC asked people and answered at the Fall Club Fair this year. The students working with NYPIRG held up picket style signs saying “What’s the Difference?” with a Pepsi bottle and empty Aquafina bottle attached. In essence, there was no direct difference other than the labeling and the fact that one container once held soda and the other purified water. The difference was in the deposit itself.

Right now, if I take both bottles to a redemption center, only the Pepsi bottle would yield a 5 cent redemption. The Aquafina bottle would be turned away and either put out with the garbage or curbside recycling. Unfortunately, 80% of the time the water bottle ends up with the garbage.

In addition, redeemable bottles are recycled through curbside recycling the consumer loses their 5 cents deposit. This money ends up going back to the beverage companies. Roughly $200 million in unclaimed deposits are lost in the curbside recycling.

$200 Million dollars is a large sum of money that could be used to do a lot of good in our state and city. In Governor Elliot Spitzer’s State of the State address earlier this year, he recognized that these unclaimed deposits are a source of untapped revenue for the state. NYPIRG agrees with the Governor and believes that the unclaimed continued on page 12

Vector Marketing & Recruiting at QCC

By John Wight

Beware QCC students; the scandalous Vector Marketing group is targeting QCC students, with misleading pay possibilities and ambiguous job offerings. I’m sure all students who park their cars around campus have returned to cars to see business cards and paper notes advertising $20 base pay with only a phone and no company name. The money surely looks enticing for any college student, but take a second look; it’s not $20 an hour. Pay is based on every sales call you can setup, from there one makes their money through a commission driven system. As the sales person you will be responsible for finding your own leads to sell Cutco cutlery products.

I admit that I was one of those students who were initially attracted to the idea of making $20 an hour, so I set up an interview through Vector’s website, only to flake on the interview after hearing stories from friends that Vector was a scam. When I didn’t show for the interview Vector’s Flushing office called me and tried to draw me back in for an interview. However, once I divulged that I had done some research on Vector their tone immediately changed into an extremely defensive stance. After receiving verbal harassment from the Vector secretary and the office manager, I decided to conduct further research on Vector to determine what would cause their personnel to harass me.

A quick online search would tell the story. Vector has been the center of many investigations and op-ed articles throughout colleges in the U.S. and Canada. In fact, Vector Marketing has had over 2,000 complaints filed on the popular consumer action website www.complaintstation.net.tribe, there has even been an online petition started that has accumulated over 7,100 signatures in support of stopping the selling of Vector Marketing and Cutco Cutlery.” The online petition cites many of the same dishonest practices that I have come across while asking QCC students about their experiences with the company. The biggest complaint has concerned the required unpaid training sessions, and the realization that to continue with the job you are forced to buy a $150 set of knives; many would-be sales people have found it very difficult to receive a refund if they wish to end their service to Vector.

Unfortunately, Vector has been very clever in drafting its misleading information and has lost only a handful of the many claims that have been brought against it. In a 1996 article published in the Washington Post, it was revealed that workers in the state of Wisconsin earned an average of $3 a day, and over 50% of recruits never made the initial $150 back that they spent on the set of knives. For students wishing to receive a guaranteed paycheck, it may be wise to continue to fill the low paying positions that students have typically filled, keeping in mind the old cliché, “When something seems to be too good to be true, it probably is.”

Ensuring that our Credits will Transfer

By Phoebus Widjaja

It may come as a surprise to students on the Queensborough campus, but in many cases it will be easier to get your credits to transfer to a private or state college, than to a City University of New York school. Many students assume that credits would be easy to transfer within CUNY, since we are all part of the same system. But strangely, this is not the case – for example, many of the business courses at Queensborough will not transfer to Baruch College. Even if this is your first semester at QCC, it is important to look into whether or not the courses you are enrolled in will count for credit when you transfer to a senior college.

At Queensborough, programs of study such as Accounting, Marketing and Computer Information Systems are supposed to prepare students to enter the workforce. These two-year career programs may be more viable a decade ago, but it will be difficult for students graduating now to find a job in those fields with only an associates degree. In addition, the credits in these career programs do not transfer well to senior colleges. Some students who have graduated from a career program found themselves losing almost half of the credits they had earned when they decided to pursue a bachelor’s degree.

Students who are enrolled in the Liberal Arts & Sciences curriculum usually do not have trouble getting their credits to transfer. However, many colleges will not accept credit for a course for which they do not offer an equivalent course. One way to ensure that the maximum number of credits will count when you transfer to a four-year college is to graduate from Queensborough first. Courses that would not be transferable otherwise could count as elective credits when you leave to attend a senior college, but only if you have completed an associates degree.

One resource that can be very helpful if you are planning transfer to another CUNY school is the Transfer Information & Program Planning System at http://tipps.cuny.edu. Using the TIPPS website, you can find out whether the courses you’ve taken at Queensborough are equivalent to any courses at the CUNY College. However, you wish to attend. The TIPPS is far from perfect. There have been cases where students who transferred within CUNY were disappointed when they discovered that courses TIPPS had listed as transferable were not.

Ultimately, the only way to be certain that all of your credits will transfer is to sit down with an advisor from the college that you are transferring to with a copy of the Queensborough course catalog and your transcript. You can also call the Registrar’s offices at the other CUNY campuses for the information you need. If you are already sure what path you want to take with your academic career after Queensborough, it is important that you start doing the research to make sure that every course you take will transfer to the schools you want to attend. If you have any questions about the transfer process, you can make an appointment with the campus Transfer Coordinator – Mr. George Muchita, in room L-420 of the Library building.
It’s no secret that our government had prior intelligence that might’ve prevented 9/11, but was our government, or specifically the Bush administration capable of partially staging the attacks themselves? The 9/11 Commission’s official report on 9/11 supports what most people believe; that 19 Al-Qaeda operatives hijacked four 747 commercial passenger planes, crashing one into each of the World Trade Center towers, one in the Pentagon, and one crashing in a field in Pennsylvania as a result of an attempted passenger take over. The 9/11 Commission also reported that the towers collapsed as a result of the jet impacts. Conspiracy theorists suggest suspensions about 9/11 are justified. It could very well be a long time until we know the full story, but there is one true fact that you won’t learn about in your American history class, Operation Northwoods.

Operation Northwoods was a top secret mission proposed by the Department of Defense under President Kennedy’s administration. Northwoods called for “False Flag terrorist-operations” against U.S. Citizens on U.S. soil and/or U.S. interests, to be blamed on Cuba, to justify military intervention in Cuba.

The agenda is outlined in a March 12, 1962 memorandum that is available for viewing at the U.S. National Archives. The memorandum was issued and signed by then Chairman of the Joint Chiefs of Staff, Lyman Lemnitzer, and approved by every member of the Joint Chiefs of Staff. The operation, which was a sub-plan under Operation Mongoose, was addressed to President Kennedy’s Secretary of Defense, Robert McNamara, who rejected the plan.

Lyman Lemnitzer, who headed the plan, was a right-wing extremist who had a profound hatred of Castro and communism. Lemnitzer was assured by President Kennedy, a few days after his proposal, that there was no chance of a war with Cuba. When his term as Chairman of the Joint Chiefs of Staff expired, he was denied re-appointment. Lemnitzer was instead appointed Commander of NATO.

Part of Lemnitzer’s memorandum to McNamara officially states, “We could develop a Communist Cuban terror campaign in the Miami area, in other Florida cities and even in Washington. The terror campaign could be pointed at refugees seeking haven in the United States. We could sink a boat-load of Cubans enroute to Florida (real or simulated). We could foster attempts on lives of Cuban refugees in the United States even to the extent of wounding in instances to be widely publicized. Exploding a few plastic bombs in carefully chosen spots, the arrest of Cuban agents and the release of prepared documents substantiating Cuban involvement, also would be helpful in projecting the idea of an irresponsible government.”

Northwoods also proposed starting riots at Guantanamo Bay, destroying a U.S. ship in Guatanamo Bay, hijacking a commercial airliner that was supposedly carrying “college students off on a holiday”, and even dropping “incendiary devices” on Haiti and the Dominican Republic, all to be blamed on Castro’s forces.

The only thing that stopped Lemnitzer from waging war with Cuba was the fact that he wasn’t the President. However, Operation Northwoods confirms that at one point in history, U.S. government officials were considering attacks against U.S. citizens inside the United States in support of foreign policy initiatives. The 9/11 Truth Movement; a nonprofit organization dedicated to bringing the truth of the attacks against U.S. citizens inside the United States to the public, has gathered thousands of pages of evidence of the Northwoods plan, which was later aired in documentaries and on American television.

An Epidemic of Catastrophic Proportions: Child Sex Slaves

BY CZIANNE WILSON

Every year, the United Nations Children’s fund (UNICEF) estimates that as many as 1.2 million children are being trafficked across the globe for sexual exploitation. In some cases, children are showcased in brothels for the sexual pleasure of perverted adults.

Children as young as 12 years old are kidnapped from the streets and sold into sexual slavery in any place where child traffickers and recruiters prey upon their vulnerabilities. Some are sold by their relatives to pay off family debts and are required to have sex with as many as 30 men each day. Alarming reports indicate that some prostituted children are just 5 years old.

Most of the clients of these unfortunate children are male adults who exploit their position in the commercial sex trade. They take full advantage of prostituted children while traveling to impoverished countries for tourism, business or other valid reasons. Others travel abroad specifically for a “sex tour.”

Countries famously listed on these “sex tours” include Cambodia, Thailand, Costa Rica, Mexico, Brazil and Kenya. It is estimated that one third of Cambodia’s prostitutes are children. These men easily access children via houses used for prostitution known as brothels. They get cheap and easy prostitution at the expense of the innocence of these children.

Although the United States has laws prohibiting underage sex in other countries, many US citizens as well as those from several other wealthy nations such as Italy and Germany actively partake in the commercial sex trade of children. According to a Christian relief and development organization dedicated to helping children, World Vision, “US citizens account for an estimated 25 percent of child sex tourists worldwide.”

The leading cause of this epidemic is poverty. Many children actively solicit adults for money and favors. In an interview with Paste magazine, writer/producer Guy Jacobson tells of his visit to Cambodia on a sabbatical. He

Crisis in Pakistan

BY NOMAN YUSUF

The country of Pakistan is currently entangled in a political crisis. The crisis began as a result of the siege of the Lal Masjid mosque in Islamabad, from July 3 to July 11, 2007. The mosque, according to the president and Army Chief of Staff Pervez Musharraf, was corrupt and supportive of the Taliban. The Pakistani public had a different opinion believing that the religious leaders of the mosque were simply attempting to make Pakistan life more Islamic. This difference of opinion and the bombing of the mosque turned the people of Pakistan against Musharraf and his foreign policy. Many people feel that Musharraf ordered the bombing to make the United States feel content. Additionally, there is no evidence to suggest the mosque was linked to the Taliban. In the bombing, many innocent children and women, as well as mosque leaders, were killed while innocently engaging in Islamic educational practices.

The bombing of the mosque brought more chaos and Musharraf’s position as a national leader began to deteriorate. Former exiled leaders like Benazir Bhutto who was the first woman president of an Islamic country, and Nawaz Sharif who was the former Prime Minister, began criticizing Musharraf for establishing a military dictatorship and failing to produce a democratic Pakistan. Supporters of Sharif and Bhutto took the streets to protest how Musharraf had illegally empowered himself in government without having fair elections, which in turn had caused Pakistan to become destabilized.

In September 2007, Nawaz Sharif returned to Pakistan after 8 years but was prevented from staying and was forced to fly back to London. Musharraf made sure that Sharif wouldn’t stay because he knew that Sharif had returned to gain support in hopes of overthrowing him. The bombing of the mosque and the unjustified action against Sharif made Musharraf a more popular leader. Many people wanted him overthrown so a fair government would take over and follow the interests of the Pakistani people rather than a politically corrupt government or the United States. In October, Benazir also returned from exile but she was not forced to leave because by that time the pressure on Musharraf was intense. Some political analysts believe that had Musharraf ordered Benazir expelled from Pakistan, he might have orchestrated his own overthrow.

The main problem in Pakistan today is the fact that Musharraf has failed continued on page 14

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Approximately ten billion animals are slaughtered each year in America for human consumption; the vast majority of them come from factory farms. Factory farms that raise pigs, cattle, chicken, or dairy cows have an enormous amount of animals living in a confined space. There are no vast meadows or green pastures, instead the animals are confined inside buildings where they are literally stacked on top of each other. Hens and chickens are crammed into cages so small that they are unable to spread their wings and their feet grow tangled around the wire mesh floors. This overcrowded and stressful environment causes chickens to peck at each other and at the farm workers. The remedy? The ends of their beaks are seared off their faces using a hot knife.

Pigs and cows are also imprisoned in small stalls and are unable to turn around or lay down comfortably. The cattle are subjected to third-degree branding and they also have their testicles cut off and horns ripped out. Pigs also suffer from branding and castration as well as mutilation of their ears, tails, and teeth. These factory farm grown animals live with infected wounds and sores while wallowing in their own urine, feces, and vomit.

In order to keep the factory farm raised animals alive in these unsanitary conditions, farmers administer regular doses of antibiotics. Half if not more of all antibiotics made in the USA each year are administered to farm animals resulting in serious health consequences for the humans who consume them. For example, the University of California, Berkeley is one of the top research universities in the country. Beginning in 1996, a group of students at the University of California, Berkeley conducted environmental research the results of which demonstrated a link between eating factory farm raised beef to urinary tract infections also known as UTIs. UTIs today are the most common infectious disease in women. Eating “meat” has been linked to obesity, cancer, liver, kidney, lung and reproductive disorders, birth defects, miscarriages, and nervous system disorders.

In addition to the overuse of antibiotics, American farmers began using pesticides in the late 1800s. The “Pesticides safety education program” developed in Ithaca, New York defines Dichlorodiphenyltrichloroethane, also known as “DDT,” an insecticide used to ward off malaria. However, it has also been used in crops to protect harvest time yields. DDT has been found to kill those who were most exposed to it, including animals, field workers, and the farmers. William D. Ruckelshaus, administrator of the Environmental Protection Agency banned the use of DDT in America in 1972; however, DDT is still being used in other so-called “third world” and tropical countries which export live stock into the United States. One widely used herbicide “Glufosinate,” residues of which have been found in U.S. water supplies and food supplies, that can contribute to hormonal and brain damage in humans.

The United States alone uses approximately one billion pounds of pesticides every year on our produce. Chemical pesticides are often sprayed onto the skin of animals to ward off parasites, insects, rodents, and fungi. In addition, the animals are also given food treated with hormones to make animals bigger, increasing profitability for the farmers. The environmental protection agency’s research has demonstrated that animals injected with steroids and growth hormones contributes to young girls experiencing an early onset of puberty and early development of certain body parts such as breast and buttocks.

Every time we consume factory farmed chicken, beef, eggs, or dairy we are basically digesting antibiotics, pesticides, steroids, and hormones. Pesticides used for growing crops and chemicals given to animals to fatten them up for profit alter our body’s metabolism, one consequence of which can be “unnatural” weight gain. Unfortunately, our waters aren’t any “cleaner” than our land. Fish contain essential fatty acids, vitamins, and minerals and protein. However, fish and other seafood contain high levels of contaminants from industrial and environmental pollution, waste products and pesticides from farms.

Remember, what you eat is who you are. For further information on the use of antibiotics and pesticides in the American food chain you may contact the United States Environmental Protection Agency’s Office of Pesticide Programs, Communication Services Branch (7506C), 401 M Street, SW Washington, DC 20460; (703) 305-5017. Another useful resource is the U.S. Food and Drug Administration at 5600 Fishers Lane, Rockville, MD 20857; FDA Food Information Line (800) 332-4010.

Effects of Television on Children

In America today, according to the American Academy of Pediatrics (AAP), television influences the lives of young children and may be contributing to the violence, risky behavior, and obesity that appears to be on the rise with every passing year. Not only do children spend countless hours in front of the television, but they’re watching advertising messages encouraging the consumption of unhealthy foods, including potato chips, cookies, high caloric juices and many more. According to kid’s health organizations, studies have shown that decreasing the amount of television children watch led to less weight gain and lower body mass.

Here are two helpful sites for more information on children and television:

http://www.futureofchildren.princeton.edu

http://members.tripod.com

http://michaelspornanimation.com

http://www.proteinpower.com

http://members.tripod.com

Violence

Children witness over 200,000 violent acts on television by the age of 18. TV violence which is related to fighting is often depicted as a good or correct method of solving problems. It can also be seen as a fun and efficient encouragement to children’s cognitive brain function. According to the AAP, children under age two should have no "screen time," time for brain development, television can get in the way of how much TV their child is watching.

Risky Behavior

Parents play a major role in their children’s lives. Many parents use television as a babysitter, allowing the child to be occupied by the TV so that the parent is not bothered. Parents should monitor what their child watches and set limits as to how much TV their child is watching. Sometimes young children watch movies with adults that depict murders or kidnappings, and later in life may be more likely to believe that something bad will happen to them, growing up with a sense of fear. Some TV programming also promotes stereotypes about gender and or race. In addition, numerous programs and commercials show the use of alcohol, drugs, and cigarettes in a positive fashion rather than informing the viewer of the health consequences of their use.

Obesity

With too much television, children may grow up to become couch potatoes, obese and lazy. Since we live in an era filled with technology, children are watching more television especially due to the fact that many schools are finding TV efficient in teaching lessons. While the children are watching television they are not only watching cartoons, but they’re watching advertising messages encouraging the consumption of unhealthy foods, including potato chips, cookies, high caloric juices and many more. According to kid’s health organizations, studies have shown that decreasing the amount of television children watch led to less weight gain and lower body mass.

H E A L T H

Factory Raised Farm Animals

BY AJAH JOHNSON

In America today, according to the American Academy of Pediatrics (AAP), television influences the lives of young children and may be contributing to the violence, risky behavior, and obesity that appears to be on the rise with every passing year. Not only do children spend countless hours in front of the television daily, but television programming deteriorates our children’s cognitive brain function. According to the AAP, children under age two should have no “screen time.”

Effects of Television on Children

In America today, according to the American Academy of Pediatrics (AAP), television influences the lives of young children and may be contributing to the violence, risky behavior, and obesity that appears to be on the rise with every passing year. Not only do children spend countless hours in front of the television, but they’re watching advertising messages encouraging the consumption of unhealthy foods, including potato chips, cookies, high caloric juices and many more. According to kid’s health organizations, studies have shown that decreasing the amount of television children watch led to less weight gain and lower body mass.

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Violence

Children witness over 200,000 violent acts on television by the age of 18. TV violence which is related to fighting is often depicted as a good or correct method of solving problems. It can also be seen as a fun and efficient encouragement to children that fighting is acceptable. Children don’t want to watch shows like Barney, a friendly dinosaur who teaches lessons about life, sharing something bad will happen to them, growing up with a sense of fear. Some TV programming also promotes stereotypes about gender and or race. In addition, numerous programs and commercials show the use of alcohol, drugs, and cigarettes in a positive fashion rather than informing the viewer of the health consequences of their use.

Obesity

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http://www.proteinpower.com
Queensborough Crossword Courses Puzzle

By Chris Skeete

Across
3. Introduction to the scientific study of human behavior.
7. Physical processes of sky objects studied, using minimal mathematics.
8. The development of Western civilization from the French Revolution.
10. An introduction to the self-development system composed of a series of postures or poses.
12. Study involving research and discussion of critical health issues dealing with mental health, addictions and dependencies, exercise, diet, human sexuality.
15. Spanish grammar and orthography with emphasis on everyday practical vocabulary.
17. An introduction to analytic geometry, and functions of analysis, including algebraic, trigonometric, logarithmic, and exponential functions.
18. A comprehensive approach to the interaction of living things in the biological world.
19. Laboratory studies include materials, rocks, soils and topographic maps.
20. Introduction to the Recording Studio and MIDI.

Down
1. Development of a process for producing intelligent essays that are clearly and effectively written; library work; 6,000 words of writing.
2. Introductory analysis and description of structure and dynamics of human society.
4. Study of oral communication and its role in contemporary society.
5. The student is introduced to the study of humankind through the four-discipline approach: social-cultural anthropology, linguistic anthropology, physical anthropology, and archeology.
6. A course designed to introduce beginners to the basic elements of music theory and music performance, with a special focus on piano and singing.
9. Reading, writing, and speaking the Italian language.
11. Presents a modern overview of the world around us, from the sub-miniature world inside an atomic nucleus to the vastness of outer space.
13. Footwork, passing, shooting, rebounding, dribbling, defense and boxing out.
16. Concepts and conventions; accounting tools and techniques, including records and statements.

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What is the strategy behind the national anti-tobacco “Truth” campaign commercials that attempt to inform people about the hazardous health risks associated with tobacco use? And, how successful has the “Truth” campaign been at discouraging people from smoking?

The Truth Campaign (TC), which is the largest national anti-tobacco education campaign, is also known as “whudafux.” Truth has one mission: to find out and spread information about tobacco companies and their addictive and deadly products, which are killing people each and every day. It is intended to educate teens by revealing to them what the largest tobacco companies are really marketing and manufacturing. Using innovative techniques, TC places a strong emphasis on how tobacco negatively affects the human body. The TC television commercials have had a huge impact on teens, and almost every teen can describe at least one of the commercials. Not only have the Truth commercials convinced many teens about the manipulations of the tobacco companies, but they have inspired many young people to quit smoking. In the Health Day News, Mathew Myers, President of the Campaign for Tobacco-Free Kids has stated that, “The Truth campaign actually works because it uses the exact same techniques the tobacco industry uses to attract kids.”

One of the Truth campaigns’ strategies is to demonstrate how tobacco industries manipulate teens to smoke. The producers of the commercials organize Truth chapters that consist of teens who make it their job to report and expose the truth about the tobacco industry, which includes exposing the manipulative tactics tobacco companies adopt to produce sales. Truth uses tactics that go far beyond mainstream media ads, and instead have had teens directly confront tobacco companies, with well researched evidence on the health hazards of tobacco smoking. The campaign regularly passes out surveys to its main audience – teens, which has allowed the discovery of important information, and is a major reason why tobacco companies market shares have decreased.

Truth was originally created in 1997 by an advertising agency called Crispin Porter and Bogusky as part of a statewide anti-smoking movement in Florida. In 1999, the campaign was taken to the national stage by the American Legacy Foundation, a nonprofit anti-smoking organization. Its print ads, television commercials, radio broadcasts, and other messages are financed by the tobacco industry itself, resulting from an agreement between tobacco companies and state attorney generals. In particular, it involves the company Phillip Morris, which agreed to fund the ads. Starting from a small campaign, Truth has grown to be a phenomenon among teens all over America. Now, teens themselves are producing and running the Truth advertising campaigns using television, radio, magazines, billboards, posters, and even traveling across the U.S. to spread the truth.

A recently released Truth commercial depicts a cowboy with another man playing the guitar and singing a melody in the middle of Times Square. The irony of the commercial is that the cowboy is singing with the instrument held up to his throat. The lyrics say, “You don’t always die from smoking...sometimes you just lose a lung...you don’t always die from tobacco...sometimes they just snap out your tongue.” Another commercial shows actual images of what is produced in your lungs and bloodstream from smoking. The visualizations are so repulsive that it would make anyone want to quit. Aside from using these provoking commercials, Truth has published messages and facts on smoking all over the world, posted on signs, and even on billboards. For example, “Tobacco companies’ products kill 36,000 people every month. That’s more lives thrown away than there are public garbage cans in NYC.” “Soups, cereals, and other products we consume have to list ingredients on their labels, but cigarettes, a product that kills a third of its users are not required to list any of the 599 possible additives.” These messages are intended to capture young teen’s attention and get the Truth out.

The Truth teams successfully carry out their message and statistics have shown much improvement among teen smokers. In recent studies 94 percent of the teens surveyed, ages 12 to 17, confirmed awareness of the campaign. It has also been shown that smoking has declined during the campaign’s active period. The greatest decline in cigarette smoking was among teens over 16 years old. These statistics show that exposure by the Truth campaign significantly impacts the smoking rate for young teens. A 1998 survey found that 27.4 percent of high school students and 18.5 percent of middle school students were current cigarette smokers. By 2000, these rates had decreased to 22.6 percent for high school students and 11.1 percent for middle school students.

What keeps the Truth campaign alive? For the most part, the Truth campaign is funded by Tobacco companies. Since tobacco companies are currently the one’s paying for the campaign, there is a chance that the Truth ads may soon come to an end as the tobacco companies no longer want to fund the campaign. It all began as part of the 1998 tobacco settlement with the U.S. states, where many tobacco companies decided (bending...continued on page 12)

Note: To read more poetry by Christina ‘Demi’urge Rodriguez, visit www.unspokenrevealed.blogspot.com
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A Bowl of Warm, Rice Cake Soup

BY YOUNG MI KWON

When I was a little girl, in the morning of the Korean New Year’s Day, older people would ask me how many bowls of rice cake soup I had. If I shouted “two bowls!” my mom, beside me, would correct the answer and say to them; “Now she’s 8 years old”, politely. “Then, you ate 8 bowls of rice cake soup!” old people nodded and laughed loudly. I used to wonder by myself, “When did I eat 8 bowls? Why did they say it like that?” The rice cake soup, it means many things to Koreans.

The rice cake soup, in Korean, ttok-kuk, is the most important celebratory food to Koreans along with stuffed rice cake that we eat on the Korean Thanksgiving Day. Koreans don’t prepare and eat only rice cake soup on New Year’s Day. Our mothers usually prepare 15-20 kinds of food including the rice cake soup, to present them on the offering table to ancestors, who are considered to give us blessings. After holding a memorial service for ancestors, we eat the celebratory food. However, the highlight of the day is definitely the rice cake soup.

Rice cake soup is a thick beef or anchovy broth (made with dried anchovy) with thinly sliced rice cakes, and topped with green onions and other colorful garnishes. To make it, a long bar-shaped rice cake called garettok is made first. When New Year’s Day approaches, mothers rinse a large amount of rice several times at night and soak it in water overnight. The next day, they cook it by steam and place it on a wooden panel shaping it into a big round lump by hand. Before it cools, it has to be beaten several times with a big wooden hammer by fathers or elder brothers. If the cooked rice is properly soaked (30-40 times), it loses the shape of individual grains and gets sticky. Then, mothers shape the mass into a long bar-shaped rice cake, garettok. It is then covered and kept in a cool place for 2-3 days. When it has hardened properly, mothers cut (slice) it into coin size pieces. That is ttok-kuk ttok, the main ingredient for the rice cake soup.

To make rice cake soup, beef broth or anchovy broth should be prepared as well. If you have the broth, making rice cake soup is almost done. Put a handful of sliced rice cakes into the hot broth and boil them for 10 minutes. Season with soy sauce or salt. Meanwhile, fry egg yolks and whites separately. In thin layers, chop the fried egg layers finely. Cook minced beef with soy sauce in a saucepan. Crush seaweed (laver) finely. Serve the boiled rice cake broth and top it with chopped fried eggs, beef, crushed laver, and chopped green onion.

The rice cake soup has several meanings. Koreans increase our age one more year when we have ttok-kuk, not when our birthday passes. Therefore, if elderly Korean people ask (usually children) how many bowls of ttok-kuk they’ve had on New Year’s Day, it means how old you are this year. Ttok-kuk contains a wish for longevity without illnesses. People wish to live healthy and long like the round and long garettok. The coin shape of the sliced rice cake symbolizes the rising sun and it represents people’s hopes and expectations toward the New Year. It means we should meet the New Year with a sober mind and preserve it throughout the year.

Today, fortunately, the most laborious part in the process of making rice cake soup is mechanized and we can pick up sliced rice cake at any Korean grocery. Now you can easily make and taste the warm rice cake soup, a bowl of hope and good wishes!
Truth Campaign continued from page 9

violent acts at the hands of police officers only happen to people of color. White men have been affected. Indeed, women and children too have been subject to unimaginable things. But what is being done to address these wrongs?

I recently spoke to a police officer about the appropriate use of deadly force by police officers. I am keeping his name private due to his position on the force. He stated that the police academy does a great job training its officers. In his opinion officers often make quick judgments because they don’t know if it might be their last. On July 9, 2007, officer Russell Timoshenko and his partner Herman Yan were shot at by three suspects in the Crown Heights section of Brooklyn. Officer Timoshenko would later die of the bullet wounds to his face on July 14, he was 23 years old. The officer I spoke to said that when you see a fellow officer go down that way, with such senselessness, it makes you contemplate how the job is really stressful and by the end of the day all you want is to make it home. When it comes to criminals being collared, he reiterated, “better him than me.” I asked him how he feels when civil rights leaders voice their opinions about police procedure. Being a black man, he said leaders such as Al Sharpton could not do his job and should stay out of police matters because their criticisms cause more uproar in the community, bringing hatred among the people who took an oath to protect and serve.

With police officers under the microscope more than ever, the police academy should take the extra steps it needs to make sure that officers are up to the task of dealing with their job. However, might low pay and high stakes an effect on their better judgment? If it does, we are going to see another violent episode, sooner rather than later. Worse than Sean Bell, worse than the LA riots, and perhaps even more chaotic than during the time of the civil rights movement.

Bottle Bill continued from page 4

deposits should be put into that Environmental Protection Fund (EPF) to help the state invest back in the environment.

“I think it is an excellent idea to reinvest the monies that could be gained from the unclaimed deposits” said Erica Wedeking, a second year QCC student. Wedeking further stated, “I don’t see why the beverage companies need to take money that could be gained from the unclaimed deposits from the country and reducing the population’s suffering.

Having returned from exile, Benazir Bhutto and Nawaz Sharif will take part in an election that

Pakistan continued from page 5

terribly as a leader. Musharraf could not distinguish from the evildoers, i.e., the Taliban, and innocent civilians. Musharraf is also accused of violating human rights by beating and jailing those who oppose his government. The situation in Pakistan remains one of crisis and despair; security and democracy is deeply important to the future of the country. Benazir is making efforts to bring herself to power, but Pakistan’s history from 1947 until the present has shown that no leader has been different than the next as far as bringing stability to the country and reducing the population’s suffering.

Having returned from exile, Benazir Bhutto and Nawaz Sharif will take part in an election that

Trigger Fingers continued from page 2

With police officers under the microscope more than ever, the police academy should take the extra steps it needs to make sure that officers are up to the task of dealing with their job. However, might low pay and high stakes have an effect on their better judgment? If it does, we are going to see another violent episode, sooner rather than later. Worse than Sean Bell, worse than the LA riots, and perhaps even more chaotic than during the time of the civil rights movement.

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ART REVIEW

WGA ON STRIKE!

By Nicole Rallis

After several months of contract negotiations with the Alliance of Motion Picture and Television Producers, the Writers Guild of America has gone on strike. With its twelve thousand members picketing in California and New York, late night talk shows have been paralyzed, production on television shows and movies have stopped, and prime time shows have been forced into repeats. The strike, which is now going on for over a month, has jeopardized the jobs of people that work on these shows and movies and is causing the networks to lose a considerable amount of viewers. So why would the WGA members go on strike if it is costing everyone involved so much?

With new forms of media such as the internet, networks are re-airing prime time shows for free and paying the writers practically nothing, if anything for their work. According to the WGA’s website, while writers can make up to $20,000 for re-runs on television, they are only getting $250 for unlimited re-runs on the internet for a whole year and nothing if the show is only on for six weeks, or if the network decides to call it “promotional”. Also, for episodes sold on I-Tunes, writers are only given a fraction of a penny from the $1.99 charge. Many writers aren’t rich and although they might sell a script for a decent amount of money, that would be their salary until their next job, which could be in a few months or a few years. The money writers get from these re-runs are what helps them out when they can’t find another job and what keeps them fed. Since more and more networks are repeating their prime time shows on the internet, this is an important issue that needs to be taken care of now and added to the writers’ contracts.

The major television networks and film productions are already feeling a financial impact that will only increase if the strike goes on into 2008. They are not only losing money, but many viewers, some of which they might not get back after the strike is over. And the major networks, such as NBC, CBS, and Disney aren’t the only ones being hurt. The employees of these shows are also in hot water. With the strike shutting down television and an increasing number of movie productions, the companies have started to lay off employees or stop their pay. According to “Variety” reporter Cynthia Littleton, when NBC stopped paying employees of its late night talk shows at the end of November, host Conan O’Brien decided to step up and pay the salaries of his eighty member production staff, which doesn’t include writers. “New York Post” journalist Don Kaplan reported that “Last Call” host Carson Daly, wanting to prevent his staff from being fired, has decided to resume production on his show. Although Daly is not a WGA member, this is a decision which he is being criticized for. Unfortunately Seth Meyers, a WGA member and actor on “Saturday Night Live” has said that many employees working there have been fired.

Although the AMPTP and WGA are currently in negotiations, there is no sign that the strike will end anytime soon. In a statement released by Jeff Hermanson, the Assistant Executive Director and Strike Coordinator, writers can’t stop picketing because “the picket lines show that we are a strong community of writers. It’s important, during a tough strike such as this one, that we realize we are a united and powerful group, that we are part of a cause that is much larger than any one writer’s contract”. If the writers stand strong and continue to protest, they will eventually come to an agreement and be financially covered when more shows are put on the internet. Hopefully, this strike will not last as long as the five month 1988 WGA Strike, but in the meantime we can wait it out and support the people without whom our television screens would be blank and the movie theatres empty.

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to educating the public on the actual events of 9/11, suggests that 9/11 was an inside job probably masterminded by Dick Cheney and Paul Wolfowitz, to conclude a foreign policy agenda against Iraq, which was abandoned when President Clinton entered the Presidency after defeating Senior Bush. While the actual hijackings may have been authentic, they believed that the towers collapsed as the result of a controlled demolition, and that flight 93 was shot down. The 9/11 movement also points out the collapse of World Trade Center 7, which wasn’t even hit by an airplane. They also allege that U.S. air defenses were impaired when the attacks happened, with military war games taking place on that morning. The chain of command was also apparently impaired on that morning with Dick Cheney being the only high level official available to make decisions. The connections imply that the slow government response was deliberate, which in turn successfully allowed the attacks to happen.

Another true fact is the existence of the Project for The New American Century (PNAC); a neo-conservative think tank that supports and advocates U.S. global imperialism and domination through the use of force. Long before 9/11, PNAC published a manifesto titled “Rebuilding America’s Defenses: Strategy, Forces and Resources for a New Century”, in which they state that their agenda is likely to expand slowly “absent some catastrophic and catalyzing event – like a new Pearl Harbor...” 9/11 was indeed a neo-Pearl Harbor...

9/11 was indeed a neo-Pearl Harbor, and Dick Cheney, Paul Wolfowitz, Donald Rumsfeld and other high level officials are all official members of PNAC. Regardless of what really happened on 9/11, there is one truth to acknowledge – Iraq is a nation of great interest to the Bush administration and the oil industry, and without 9/11 there was no way they could justify an invasion. For more information on the 9/11 Truth Movement find them online at www.911Truth.org and read their Top 40 reasons to doubt the 9/11 Commissions report on 9/11.
Welcome to the column where you meet the outstanding female athletes at QCC.

Katrina Robinson was born and raised in Queens. She played softball, basketball and was on the swim team while attending Martin Van Buren. She became captain of the girl’s basketball team the last two years of high school. Katrina also won the Nation Wide in Assists Award in 2007 for basketball in high school. After graduating from high school she enrolled at Queensborough Community College (fall ’07) and started playing for the Women’s Basketball Team (Point Guard) for the team. When I asked her why she thought she was a good player, she responded, “Because I’m always focused.” We expect her to join QCC’s Women’s Softball Team this coming spring.

Jennifer Green was born and raised in Queens. She attended Stella Maris H.S. where she played for the girl’s basketball team. During her last three years in high school she had an outstanding performance as a shooting guard and a point guard player. After graduating from high school on June ’06, she enrolled at QCC but it wasn’t until fall ’07 when she first joined the women’s basketball team. She started playing basketball when she was five years old; for her, playing basketball is something she loves to do.

Elyshya Delva was born in Queens and moved to Valley Stream, Long Island when she was in seventh grade. After she moved from Queens she started to play basketball at her school. At the beginning it was for fun, and then she became good at it so she kept playing to become better. While attending Valley Stream H.S. she was captain of the track team for three years and also captain of the women’s basketball team for one year. After graduating from H.S. in 2005, she enrolled at QCC and joined the women’s basketball team. In this basketball season, Allysha is the second captain of the Lady Tigers and is completing her second year on the team.

**Future Plans:** “I’m planning to graduate from QCC and then go to Hunter College to study Sports Medicine. Also, I’m planning to go to the nationals and become an All American player.”

**Career Goals:** “Work for a professional Basketball team as a massage therapist.”

**CUNY Awards:** ‘05-’06 Rookie of the Year for the women’s basketball team, and Region XV honorable mention.

**Who is your role model?** “My father, because he had been with me since day one.”

**Do you have any advice for athletic students?** “Yes, always give your all day one.”

**Who is your role model?** “My parents.”

**Why?** “Because, they are always there for me, supporting me in everything that I do.”

**Future Plans:** “I’m planning to graduate from QCC and then transfer to Westbury to get my Bachelors and to play basketball, and hopefully play basketball professionally.”

**Career Goals:** Become a police officer and criminal justice.

**Expected graduation:** Fall ’09

**Expected to graduate:** Fall ’08

**Career goals:** “Get my early childhood degree and then go for my Masters degree.”

**Who is your role model?** “My parents.”

**Why?** “Because, they are always there for me, supporting me in everything that I do.”

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**Name:** Katrina Robinson

**Age:** 18

**Major:** Criminal Justice

**Semesters at QCC:** 1

**Favorite Sports:** Basketball, Swimming and Softball

**Member of QCC sport teams:** Women’s Basketball Team (Point Guard)

**Expected graduation:** Fall ’09

**Future Plans:** “I’m planning to stay at QCC for one year, and then transfer to Westminster to get my Bachelors and to play basketball, and hopefully play basketball professionally.”

**Career Goals:** Become a police officer and criminal justice.

**CUNY Awards:** ‘05-’06 Rookie of The Year for the women’s basketball team, and Region XV honorable mention.

**Who is your role model?** “My father, because he had been with me since day one.”

**Do you have any advice for athletic students?** “Yes, always give your all day one.”

**Who is your role model?** “My parents.”

**Why?** “Because, they are always there for me, supporting me in everything that I do.”

**Expected to graduate:** Spring ’08

**Future Plans:** “I’m planning to go to Hunter College to study Sports Medicine. Also, I’m planning to go to the nationals and become an All American player.”

**Career Goals:** “Work for a professional Basketball team as a massage therapist.”

**CUNY Awards:** 2006 Rookie Of The Year for the women’s basketball team.

**Who is your role model?** “Marine Johns, because as a track runner she became the fastest woman in the world. She was also a leader and kept her head up no matter what.”

You know what you want from college. Now you’re ready to continue your education as a transfer student. Consider St. John’s. Our flexible transfer credit policy lets you transfer up to 90 credits, depending on your program and transcript. And, we offer academic scholarships to those who qualify.

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- Tuesday, December 4
- Tuesday, November 27
- Tuesday, December 11

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**Name:** Jennifer Green

**Age:** 19

**Major:** Liberal Arts

**Semesters at QCC:** 3

**Favorite Sport:** Basketball

**Member of QCC sport teams:** Basketball (shooting guard)

**Expected to graduate:** Fall ’08

**Future Plans:** “I’m planning to graduate from QCC and then transfer to a four year college. Play basketball if there is a chance.”

**Career goals:** “Get my early childhood degree and then go for my Masters degree.”

**Who is your role model?** “My parents.”

**Why?** “Because, they are always there for me, supporting me in everything that I do.”

**Expected graduation:** Fall ’09

**Future Plans:** “I’m planning to stay at QCC for one year, and then transfer to Westbury to get my Bachelors and to play basketball, and hopefully play basketball professionally.”

**Career Goals:** Become a police officer and criminal justice.

**CUNY Awards:** ‘05-’06 Rookie of The Year for the women’s basketball team, and Region XV honorable mention.

**Who is your role model?** “My father, because he had been with me since day one.”

**Do you have any advice for athletic students?** “Yes, always give your all day one.”

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**CUNY Awards:** 2006 Rookie Of The Year for the women’s basketball team.

**Who is your role model?** “Marine Johns, because as a track runner she became the fastest woman in the world. She was also a leader and kept her head up no matter what.”

Elyshya Delva was born in Queens and moved to Valley Stream, Long Island when she was in seventh grade. After she moved from Queens she started to play basketball at her school. At the beginning it was for fun, and then she became good at it so she kept playing to become better. While attending Valley Stream H.S. she was captain of the track team for three years and also captain of the women’s basketball team for one year. After graduating from H.S. in 2005, she enrolled at QCC and joined the women’s basketball team. In this basketball season, Allysha is the second captain of the Lady Tigers and is completing her second year on the team.

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**Career Goals:** “Work for a professional Basketball team as a massage therapist.”

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Top 6 Reasons for Computing Majors to Transfer to the Seidenberg School of Computer Science and Information Systems at Pace University

For more information, go to http://seidenberg.pace.edu/transfer or contact transfer@seidenberg.pace.edu or (914) 773-3662

Maximum Transfer Credits/Minimum Completion Time
- Students with a QPA of 2.0 or higher will:
  - Automatically be accepted into the Seidenberg School
  - Have their transcript reviewed upon submission and evaluated prior to enrollment
  - Have up to 68 earned credits accepted directly into any one of our baccalaureate program offerings

Outstanding Scholarship Opportunities for Transfer Students
- Academic scholarships of up to $10,000 per year for students with a QPA of 3.5 or higher
- Need-based grants
- Additional $1,000 annual award for members of Phi Theta Kappa, the honor society for community college students

Numerous Degree Options
- BS or BA in Computer Science
- BS or BA in Information Systems
- BS in Technology Systems
- BS in Professional Computer Studies
- BS in Professional Technology Studies (online)

Outstanding Cooperative Education Internship Program
- Transfer students with a QPA of 2.5 or higher qualify for a pre-professional position through Pace's Cooperative Education Internship Program, the largest and most successful program of its kind in the NYC metropolitan area among four-year colleges. Nearly 50 percent of co-op interns in their final year of study received offers of full-time employment from co-op employers.

Recognition of Outstanding Academic Achievement
- Transfer students with up to 60 credits and a minimum QPA of 3.5 will be eligible to participate in the Pforzheimer Honors College

And finally, there will be no tuition increase for the spring 2008 semester.