



BECOME A FRIENDLY VISITOR

Provide companionship & socialization to homebound older adults

Do you speak English, Korean, Russian, Mandarin, Cantonese, Italian, Greek, or Spanish?

Your community needs you!

Contact us to volunteer:

friendlyvisiting@selfhelp.net

(718) 321-8194

Selfhelp Queens North Friendly Visiting Program matches homebound older adults with volunteers in their community who make weekly in-person, phone, and video visits. Friendly visiting is an enriching opportunity for volunteers to develop meaningful friendships, either through 1-on-1 matches or group chats. Together, the older adult and volunteer discuss shared interests, learn/teach new skills, and celebrate special holidays. Your time and companionship as a friendly visitor is invaluable!

Selfhelp is a not-for-profit organization dedicated to maintaining the independence and dignity of seniors and at-risk populations through a spectrum of housing, home health care, and social services.

Volunteer Requirements:

- Weekly visits (in-person, phone, and/or video)
- Commitment to program for at least 6 months
- Interview, training, and background check
- Must be at least 18+ years and older
- In-person visits are located in Northern Queens area: Flushing, College Point, Whitestone or Bayside, Queens
- In-person volunteers must show proof of COVID-19 vaccination

Funded by:



Interested in applying?

Scan here for an application!

